

## Bellwood Nursery Children's Menu

W/B 16.10.17	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk
Lunch	Chicken korma rice and naan	Homemade macaroni cheese with garlic bread	Homemade lentil soup with wholemeal bread and yogurts	Chicken stir fry with egg noodles	Vegetable pasta with wedges
Vegetarian Option	Quorn option		Vegetarian option	Vegetarian option	
Pm Snack	Scones /babies receive an alternative	Yogurts and raisins	Sandwiches with ham or cheese	Yoghurt & Digestive Biscuit	Breadsticks with dip
W/B 23.10.17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk
Lunch	Sweet and sour chicken with rice	Fishcakes with potatoes and beans	Homemade chilli and rice	Homemade lasagne with garlic bread	Homemade vegetable soup wholemeal bread and yogurts
Vegetarian Option	Quorn option		Quorn option	Quorn option	
Pm Snack	Pancakes / baby room will receive alternative	Crispbreads with cheese and tomato	Scones/baby room will receive alternative	Yogurts and digestives	Sandwiches with ham or cheese
W/B 30.10.17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk
Lunch	Broccoli and cauliflower pasta bake with mini roast potato	Chicken casserole with rice	Fish fingers wedges and beans	Turkey sausages with gravy potato and vegetables	Tuna sweetcorn pasta with garlic bread
Vegetarian Option		Quorn option		Quorn option	
Pm Snack	Scones/baby room will receive alternative	Yogurts and raisins	Cheese and biscuits	Raisins and digestives	Sandwiches with ham or cheese
W/B 02.10.17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk
Lunch	Fish cakes with potato and beans	Chinese chicken curry with rice	Homemade cottage pie with sweet potato swede and carrot	Homemade chicken and vegetable soup wholemeal bread and yogurts	Homemade spaghetti bolognese with garlic bread
Vegetarian Option		Quorn option	Quorn option	Vegetarian option	Quorn option
Pm Snack	Yogurts and digestives	Breadsticks with dip	Pancakes / baby room will receive alternative	Sandwiches with ham or cheese	Fresh fruit
W/B 09.10.17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk	Choice of Cereal with milk
Lunch	Chicken casserole with rice	Homemade macaroni cheese with wedges	Beef sausage casserole potato and vegetables	Homemade chicken and rice soup wholemeal bread and yogurts	Vegetable pasta in a homemade tomato sauce with garlic bread
Vegetarian Option		Quorn option	Vegetarian option	Quorn option	
Pm Snack	Scones/ baby room will receive alternative	Cheese and biscuits	Yogurts and raisins	Sandwiches with ham or cheese	Crispbread with soft cheese tomato and ham

**Am snack:** Toast with butter      **PM Snack\*** Where stated babies will receive an alternative healthy snack suitable for their weaning stage

**All day drinks:** Milk or Water      **All children's lunches are followed by a bowl of fresh fruit or pureed fruit pot for babies**