

## Monthly Children Menu

Week Commencing 09.10.17 – Week Ending 06.11.17 MENU 1

W/C 09.10.17	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes
Lunch	Chicken casserole with roast potatoes Fruit	Vegetable soup with crusty roll, sandwiches Yoghurts	Fish with wedges and beans Fruit	Sausage casserole with boiled potatoes and broccoli Fruit	Tomato soup with crusty roll Sandwiches Yoghurts
<b>Vegetarian Option</b>	Quorn Option	Vegetable soup with crusty roll	Quorn Option	Quorn Option	Tomato soup with crusty roll
<b>Snacks</b>	Scones	Biscuits	Breadsticks & dips	Sandwiches	Pancakes
W/C 16.10.17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes
Lunch	Pesto pasta with garlic bread Fruit	Chicken in gravy with boiled potatoes & brussel sprouts Fruit	Minestrone soup with crusty roll, sandwiches Yoghurts	Fish, potatoes & baked beans Fruit	Lorne sausage, pepper, onions in gravy Fruit
<b>Vegetarian Option</b>	Pesto pasta with garlic bread	Pesto pasta bake with garlic bread	Minestrone soup with crusty roll, sandwiches	Quorn Option	Quorn Option
<b>Snacks</b>	Biscuits	Scones	Pancakes	Breadsticks & dips	Tuc Biscuits
W/C 23.10.17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes
Lunch	Minced beef & onion in gravy with roast potatoes & peas Fruit	Macaroni cheese with wedges Fruit	Chicken casserole with boiled rice Fruit	Tomato soup with crusty roll Sandwiches Yoghurts	Fish with herbie potatoes & baked beans Fruit
<b>Vegetarian Option</b>	Quorn Option	Macaroni cheese with wedges	Quorn Option	Tomato soup with crusty roll Sandwiches	Quorn Option
<b>Snacks</b>	Sandwiches	Tuc Biscuits	Pancakes	Bread sticks & Dips	Biscuits
W/C 30.10.17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes
Lunch	Chicken soup with crusty roll, sandwiches Yoghurts	Fish with wedges and beans Fruit	Stew with boiled potatoes Fruit	Chicken in gravy with roast potatoes & cabbage Fruit	Vegetable soup with crusty roll, sandwiches Yoghurts
<b>Vegetarian Option</b>	Quorn Option	Quorn Option	Quorn Option	Quorn Option	Vegetable soup with crusty roll
<b>Snacks</b>	Bread Sticks & Dips	Sandwiches	Scones	Biscuits	Pancakes
W/C 06.11.17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes	Weetabix or Rice Crispies	Weetabix or Cornflakes
Lunch	Fish with potatoes & baked beans Fruit	Sausage casserole with roast potatoes and mixed vegetables Fruit	Tomato soup with crusty roll Sandwiches Yoghurts	Macaroni cheese with garlic bread Fruit	Chicken casserole with boiled potatoes Fruit
<b>Vegetarian Option</b>	Quorn Option	Quorn Option	Tomato soup with crusty roll	Macaroni cheese with garlic bread	Quorn Option
<b>Snacks</b>	Scones	Pancakes	Sandwiches	Bread Sticks & Dips	Biscuits

Am Snacks: Toast/Fruit on alternative days

All day drinks: Milk or Water